



Dementia Marketplace 2026



**VENUE 16
IPSWICH
24TH JUNE 2026**



LeadingLives
Your life / Our support

Christies Care
Est. 1987
Living independently at home



WELCOME

Hello and a very warm welcome to you all at this year's Dementia Marketplace.

Care Development East is delighted to be hosting this year's event, supported by our sponsors Leading Lives, Christies Care, Mindful Care Training and Consultancy, Suffolk County Council and Daisy Days.

Today's event brings together a wide range of partners who work collaboratively across the county as part of a circle of support for people living with dementia, their loved ones and representatives.

Care Development East provides a wide range of training, development and support across the social care sector, and we are proud to work alongside other specialist agencies today.

I hope all of you will benefit from the knowledge shared and advice available at today's event, which showcases the very best of community and specialist provision.

I hope you have an enjoyable day.



Gemma Bloomfield
Chief Executive
Care Development East



Need help or have a question?
Speak to a member of staff by visiting the **CDE Stand outside the main entrance to the building.**



Refreshments: Beverages will be available to purchase throughout the day. Lunch will not be provided; however, it can be purchased if required from the on-site bar, which is located between Zones B & C - see page 4.

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EVENT OVERVIEW

A quick guide to help you find your way around and make the most of your day.

Zone A

Activity services | Quiet Space/ Activity room

- Activity Room - A safe, calm space supported by trained volunteers, designed for individuals living with dementia
- Activity Exhibitors
- Singing for the Brain (Join live session): 1:30pm – 2:00pm
- Peter Berry & Deb Bunt's books are available to purchase in the conservatory
- See page 7 for more information

Activity Room sponsored by



Zone B

Speaker presentations

- Expert talks and insights throughout the day
- See page 5 for full schedule



Zone C

Our main hub of exhibitors

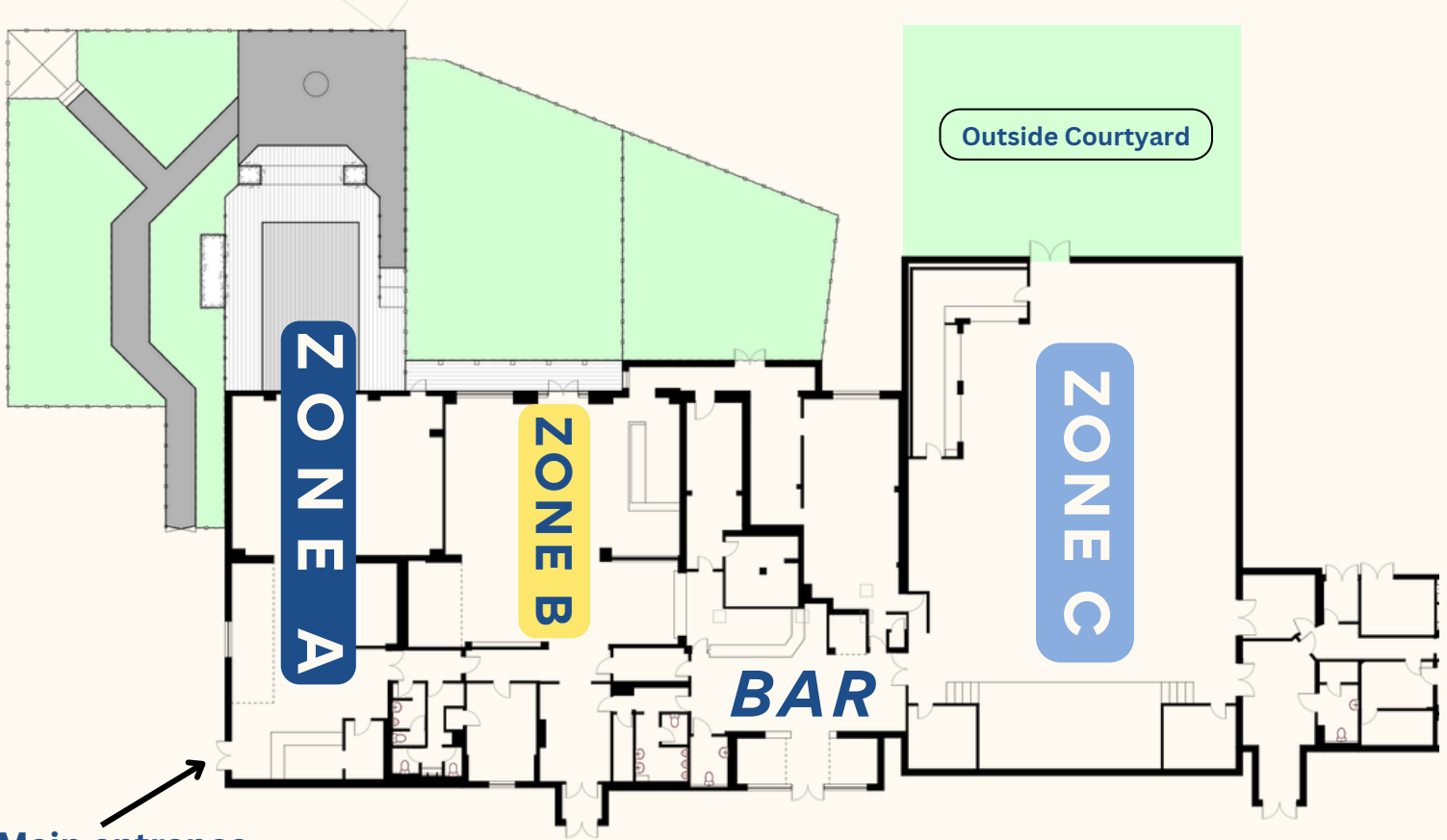
- Speak to organisations offering guidance and support
- See pages 10 & 11 for more information

Outside front car park

- Training2Care Dementia Bus – available to find out more about an immersive experience
- Rural Coffee Caravan – come and say hello!



VENUE FLOORPLAN



Main entrance

Care Development East Stall



CARE DEVELOPMENT EAST

Outside Seating



Rural Coffee Caravan

Training2Care Dementia Bus

PRESENTATIONS ZONE B

Time	Speaker	Topic
10:30am - 11:00am	<ul style="list-style-type: none"> Peter Berry & Deb Bunt. AlzAuthors - 'Slow Puncture' & 'Patching the Puncture' 	Peter and Deb share their powerful journey of living well with Alzheimer's, offering honest reflections, practical coping strategies, and insights into friendship, resilience, and everyday life.
11:30am - 12pm	<ul style="list-style-type: none"> Kate Thubron BSc (Hons) OT - Director & Head of Dementia Care, Teepa Snow Positive Approach® to Care (PAC) Certified, Mindfulness Practitioner, Mindful Care Training & Consultancy 	When the Brain Changes: Understanding Dementia from the Inside Out
12:30pm - 1:00pm	<ul style="list-style-type: none"> Milly Gaskin - Dementia Project Development Officer, Leading Lives 	Key 'Skills for Care' resources
1:30pm - 2:00pm	<ul style="list-style-type: none"> Demi Smith - Suffolk Family Carers, Hana Richardson - Alzheimer's Society & Alana Page - Shaftesbury 	Support overview, 'Dementia Support in Action', and 'Introduction to Suffolk Memory and Dementia Support'
2:00pm - 2:30pm	<ul style="list-style-type: none"> Nicola Bradford - Daisy Days 	The value of therapeutic support and respite for family carers.
1:30pm - 2:00pm	<ul style="list-style-type: none"> Singing for the Brain - Live interactive session, feel free to join! 	ZONE A

Attendee checklist

If you're not sure where to start, we've listed a few services that can help you today. Work through the checklist below and tick off each option as you go.

Early Signs & Diagnosis

Are you worried about your/someone else's memory and want to know what to do next?

- If you live in Ipswich, East or West Suffolk visit Shaftesbury Suffolk Memory and Dementia Support at **Stall #4**
- If you live in Waveney visit the Alzheimer's Society Norfolk and Waveney Dementia Support Service at **Stall #7**

Planning ahead for emergencies

Do you have a Family Carers Emergency Plan in place?

- Visit Suffolk Family Carers at **Stall #13**

Are you aware of the Herbert Protocol (to help quickly locate missing persons with dementia)?

- Visit Suffolk Police at **Stall #28**

Do you want to know more about planning and recording preferences for future care?

- Visit My Care Choices Stall **#25**

Health & Social Care Support and Professional Care

Do you want to know more about your statutory entitlement to an assessment of your potential needs for care and support for the person with memory concerns and as someone supporting them?

- Visit Adult Social Care at **Stall #5**

Do you want to know more about advance planning, palliative support, or hospice care?

- Visit St Elizabeth Hospice & St Elizabeth Care at **Stall #22**

Do you need disability advice?

- Visit Disability Advice Service (DAS East Suffolk) **Stall #21**

Professional Care

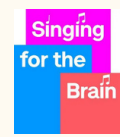
Do you need support for your well-being?

- Visit Wellbeing Suffolk Talking Therapies Stall **#29**

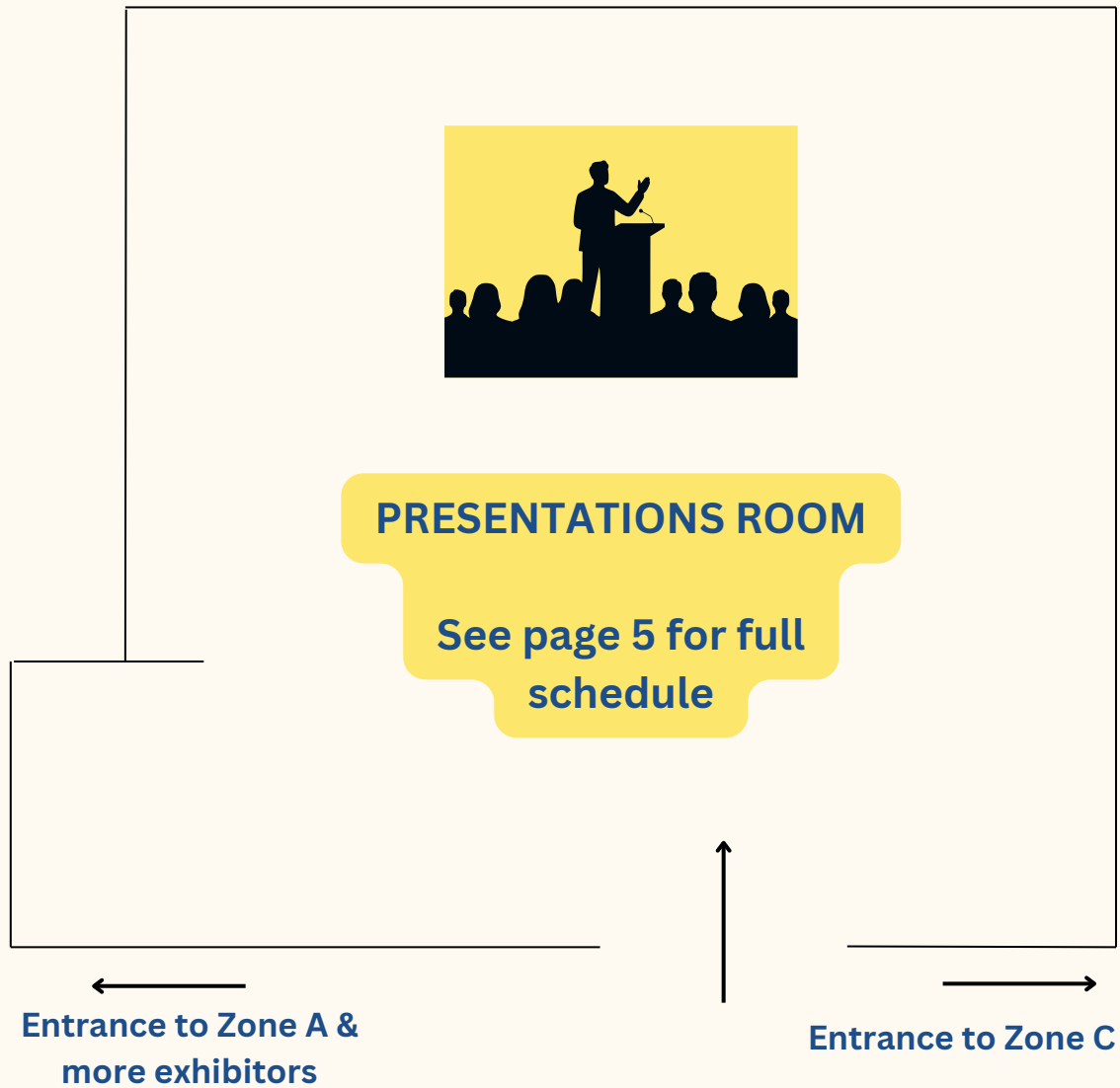
Are you a professional working in care, and interested in training or support?

- Visit Care Development East at the **main entrance**, or Suffolk Care Association at **Stall #23**

Zone A - Activities Space



Zone B - Presentations Room



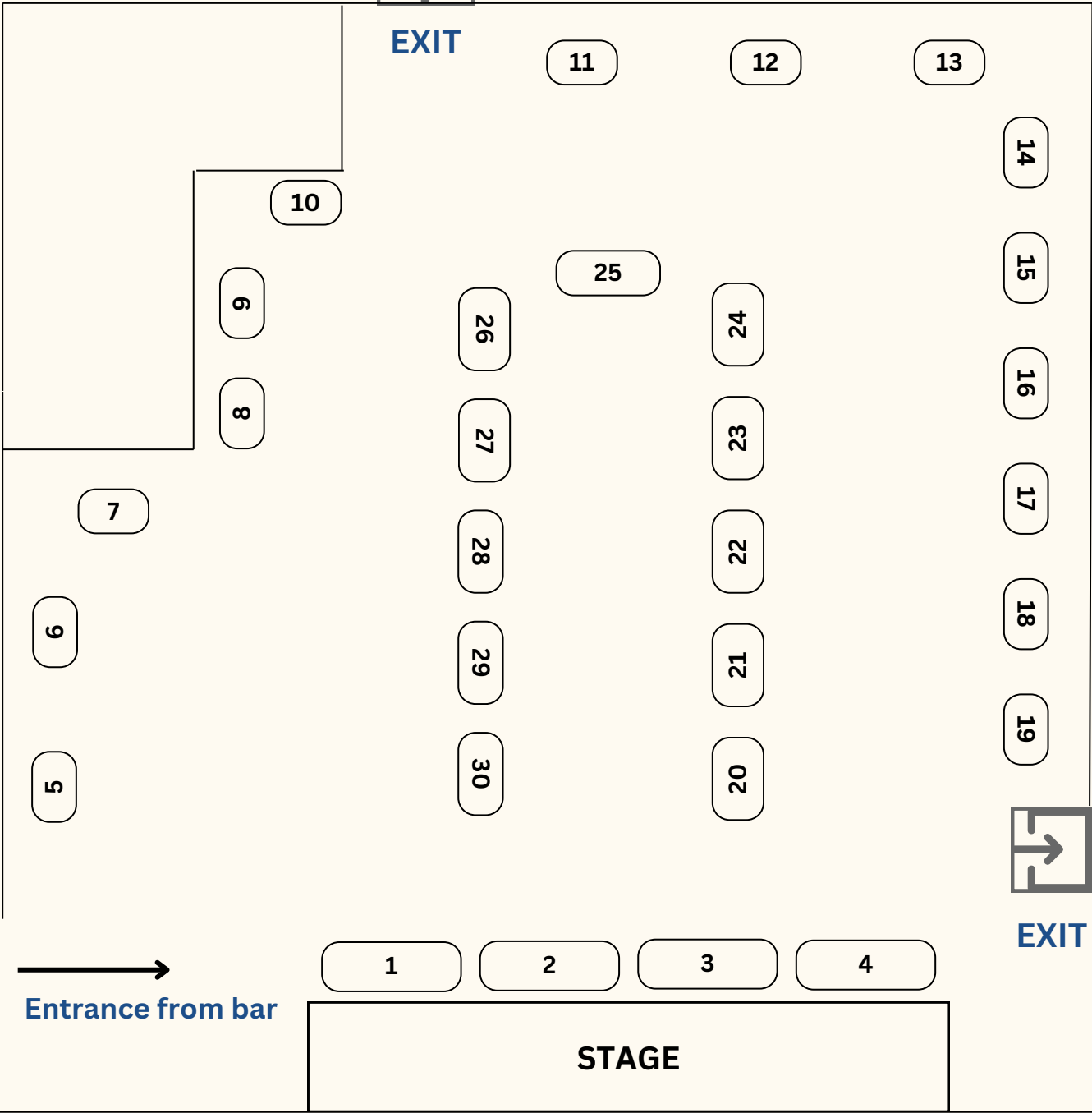
Zone C - Exhibitors



Outside Courtyard



EXIT



Entrance from bar

EXIT

Exhibitors Zone C

Stall number

1. **Christies Care**
2. **Leading Lives**
3. **Mindful Care & Britten Pears Arts**
4. **Shaftesbury Suffolk Memory and Dementia support (Ipswich, East & West Suffolk)**
5. **Adult Social Care (ASC), Suffolk County Council**
6. **Grandbar Snacks**
7. **Alzheimer's Society Norfolk and Waveney Dementia Support Service**
8. **Community Catalysts**
9. **Knowing Works (formally - Healthwatch Suffolk)**
10. **Pear Tree Fund**
11. **Sensing Change**
12. **Suffolk Advocacy Service - ACE Anglia**
13. **Suffolk Family Carers**
14. **Care UK**
15. **Ellisons Solicitors**
16. **Home Instead**
17. **Snapshot Box by Chronicle**
18. **1 Oak Care**
19. **Medequip Connect**
20. **Activlives**
21. **Disability Advice Service (DAS East Suffolk)**
22. **St Elizabeth Hospice & St Elizabeth Care**
23. **Suffolk Care Association**
24. **The Royal British Legion Admiral Nurse service**
25. **My Care Choices**
26. **Dementia Intensive Support Team (DIST) and Community Memory Assessment Service (CMAs)**
27. **Dental Healthcare - NHS**
28. **Suffolk Police, (Herbert Protocol) & Safe and Found Online**
29. **Wellbeing Suffolk Talking Therapies**
30. **West Suffolk Community NHS Foundation Trust - Speech and Language Therapy**

The Rural Coffee Caravan (Outside Car park)

Training2Care Dementia Bus (Outside Car park)

Sponsor

Leading Lives

Your life / Our support

Leading Lives provides high-quality support for people with learning disabilities, autistic people, people living with memory loss or dementia, and anyone with social care needs.

Formed in 2012 after spinning out of Suffolk County Council, Leading Lives is an award-winning social enterprise and employee-owned workers' co-operative.

Services include:

- Supported living and housing-based support
- One-to-one support in the community and in people's own homes
- Overnight short breaks and respite care, to give family carers a break
- Daytime, evening, and weekend activities at Community Hubs across Suffolk
- Short-term Enablement service providing time-limited, goal-focused support for people with learning disabilities and an autistic diagnosis
- Specialist Dementia support and community-based activities
- Evening, weekend and school holiday activities for disabled young people 5yrs+

We are a values-based organisation and ensure our customers and employees have a voice in how we develop the business; any surplus we make is reinvested back into services, our workforce, and local communities through our Community Benefit Fund.

Our approach to social care is practical and flexible support, strong relationships, and outcomes that matter to each person and can build stronger communities.

We are very proud to be a sponsor of the Dementia Marketplace 2026. This event has become a key date in the Suffolk Social Care Calendar, as it provides so much knowledge, expertise and awareness about Dementia for the people of Suffolk.

Website: www.leadinglives.org.uk
Email: info@leadinglives.org.uk
Telephone: 01473406777



Sponsor

Christies Care

Est. 1987

Living independently at home

Christies Care has over 38 years' experience providing care at home, and has been twice rated 'Outstanding' by the CQC. This achievement places us proudly within the top 4% of care providers in England, ensuring you receive the best care available.

We specialise in a range of person-centred home care services tailored to your every need.

- 24/7 Live-in Care
- Short-term Respite or Recovery Care
- Hourly Visiting Care (Suffolk and North Essex)
- Immediate Emergency Care Cover
- Specialist Care supporting Dementia, After-Stroke, Parkinson's, End-of-Life, Learning Disability needs & more
- Free Care Advice and Signposting

Our comprehensive carer training, recognised by the Princess Royal Training Award, equips our carers with the skills and confidence to deliver exceptional, safe, and compassionate care. By carefully matching experience, personality, and interests, we aim to build trusting relationships with regular carers whose company you will enjoy.



We understand that navigating the world of care can be overwhelming. From different services and funding options to selecting the right care provider, families often face complex and emotional decisions.

It is our purpose to give you complete confidence and peace of mind in the care we provide, and above all, to make life better for you and your loved ones.

For more information on our care services or for care advice and signposting, contact Christies Care.

Telephone: 01728 605 107

Email: care@christiescare.com

Website: www.christiescare.com

Sponsor



Mindful Care Training & Consultancy

Dementia Care • Meaningful Occupation • Emotional Wellbeing

About Us

Over the years, we've had the privilege of working alongside care teams who truly want to make a difference - teams navigating regulation, time pressures and the emotional weight of the work, while still showing up each day with commitment and compassion.

Mindful Care grew from that experience. We saw how powerful it can be when teams are given the confidence, shared language and practical tools to work consistently and support one another well.

Our work is grounded in frontline care, operational leadership and wellbeing practice. We focus on building relationships, not just delivering training but supporting services to embed meaningful occupation, dementia excellence and emotional wellbeing into everyday culture in ways that feel realistic and sustainable.

Our Services

We provide tailored, specialist support to the NHS, care homes, social care providers, community organisations and local projects, as well as care partners, including families and paid carers. Training is one part of what we offer. We also work alongside organisations and communities to strengthen practice, improve environments and create inclusive, dementia-informed spaces that work for everyone.

Our work extends across care homes, NHS settings, community services and wider public spaces. We support organisations at every stage, from early development through to quality improvement and strategic growth recognising that no two services or communities are the same. We believe dementia-friendly practice extends beyond individual services and into the communities people live in, and we are committed to supporting inclusive, compassionate and accessible environments for all.

**Dementia Practice
& Leadership**

**Meaningful Occupation
& Engagement**

**Emotional Wellbeing
& Support**

- Training and on-site coaching
- Consultancy and independent service assessments
- Strategy development and service improvement planning
- Environmental and building audits for dementia-friendly and inclusive design
- Community project support and inclusive practice development
- Emotional wellbeing and mindfulness-informed support
- Collaborative development of practice-informed resources, articles and awareness materials
- Freelance training and specialist programme delivery

Sponsor



Suffolk County Council is committed to supporting people to live well with dementia, ensuring they receive the right care, at the right time, in the right place.

Working alongside health partners, care providers, and the voluntary sector, we deliver a range of adult social care services designed to promote independence, dignity, and wellbeing. Our approach is person-centred, recognising that everyone's experience of dementia is different, and that support should be tailored to individual needs.

We provide information, advice, and practical support to people living with dementia and those who care for them. This includes access to assessments, community-based services, support for carers, and guidance on navigating the care system.



We also play a key role in shaping and commissioning local services, ensuring Suffolk has a strong and sustainable care market that meets the needs of its communities.

By working in partnership and investing in prevention and early support, we aim to help people remain independent for longer and maintain strong connections within their communities.

We are proud to support the Dementia Marketplace and the opportunity it provides to bring people, services, and knowledge together in one place.



**Referrals for Adult Social Care visit
'Suffolk Adult Care Portal' -
www.suffolk.gov.uk
or Customer First on 0800 917 1109**

Sponsor



Daisy Days – Day Care That’s Different

Daisy Days offers a refreshing, person-centred approach to supporting people living with dementia - focusing on living well, staying active, and enjoying meaningful time with others.

Their unique “days out” style service is designed to get people out into their local community, enjoying familiar interests, socialising, and sharing meals - all while receiving high-quality support from trained and experienced dementia care professionals. Each day begins with a convenient home pick-up and is carefully tailored to individual care plans, developed in partnership with family carers.



From visits to local cafés and memory groups to walks, games, and even a traditional fish and chip lunch, Daisy Days creates opportunities for connection, independence and joy. Activities are thoughtfully chosen to stimulate memory, encourage conversation, and promote wellbeing—helping people stay engaged with the world around them.



As well as enriching the lives of those attending, Daisy Days provides invaluable full-day respite for family carers, offering peace of mind that their loved one is safe, supported, and enjoying their day.

Daisy Days is more than a service - it’s a community, where every day is built around friendship, dignity and making moments that matter.



For more information or to enquire about a place, please contact Daisy Days on 07969 262404 or email nicola@limeskills.co.uk

Your voice matters



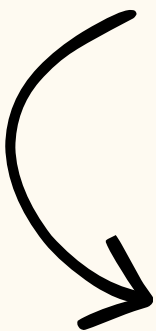
Thank you for joining us at today’s Dementia Marketplace — we hope you found it informative, inspiring, and valuable.

We’d really appreciate your feedback to help us improve future events.

We’d love to know:

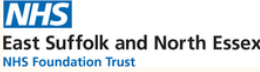





- Did you receive the advice or support you were looking for?
- What did you enjoy most?
- If we run the Dementia Marketplace again, how could we improve it?

Use your phone to scan the QR code below to feedback.












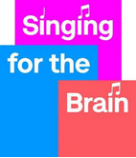


STALL NUMBER	EXHIBITORS (A-Z)
 <p style="text-align: center; font-size: 24pt; font-weight: bold;">20</p>	<p>Activlives - ActivLives is a community-led charity supporting all age groups, but mainly people 55 years and over. We engage and motivate people to improve their own health and well-being; keep people connected with their communities to reduce social isolation and loneliness and provide access to learning, training and volunteering opportunities to enable people to gain skills and employment. We provide a wide range of activities, including Community Gardens, Men’s Shed, Inclusive Sport, Falls Prevention exercise, specialist hubs for Men, people living with Dementia and their carers, Lunch Club and community singing group. People who attend our sessions are often underserved, have multiple long-term health conditions, neurodivergent needs, mental health needs or live with Dementia, Parkinson’s Disease and Stroke. We also provide social activity, emotional support and advice for carers and former carers.</p> <p>Contact - Alison Pearson - alison@activlives.org.uk Tel: 01473 345350 http://www.activlives.org.uk/</p>
 <p style="text-align: center; font-size: 24pt; font-weight: bold;">5</p>	<p>Adult Social Care, Suffolk County Council - Our teams place, people, choice, and control at the heart of planning, commissioning, and delivering social care in Suffolk. We work with individuals and carers to support independent, well-lived lives, making the most of help from family, friends and local communities. ASC can provide information on supporting people with dementia and their carers, including details on the Suffolk Dementia Strategy 2024-2029 - Suffolk County Council, the Suffolk All Age Carers' Strategy, 2022-2027 - Suffolk County Council and Suffolk InfoLink Dementia Help and Support in Suffolk. Representatives here today can also assist you with making referrals to ASC.</p> <p>Information pages on our Suffolk County Council website for Dementia - Suffolk County Council and Caring for someone - Suffolk County Council</p> <p>Search Suffolk InfoLink Dementia Help and Support in Suffolk</p> <p>Referrals can be made via Suffolk Adult Care Portal - Suffolk County Council or contact Customer First via phone on 0800 917 1109</p>
 <p style="text-align: center; font-size: 24pt; font-weight: bold;">7</p>	<p>Alzheimer's Society (including Norfolk and Waveney Dementia Support Service) - Our service is for people living with dementia, their carers and family members, as well as anyone who is worried about their memory.</p> <p>Face to face or over the phone our service will provide advice, information, emotional support and practical guidance. Our locally based team are here for people for as long as they need us.</p> <p>Tel: 01603 763556 Email: norfolk@alzheimers.org.uk Alzheimer’s Society Support Line: 0333 150 3456</p>
<p>BRITTEN PEARS ARTS</p> <p style="text-align: center; font-size: 24pt; font-weight: bold;">3</p>	<p>Britten Pears Arts - A pioneering cultural charity based in Suffolk, Britten Pears Arts aims to develop talent, celebrate their heritage and engage with communities. The Participate programme involves weekly music-making sessions in several locations promoting social connection and improved wellbeing. Sessions are designed to tackle isolation and loneliness in older people through group activities and socialising over refreshments with others from the community. While open to all, sessions are suitable for those with long-term health conditions such as dementia and Parkinson’s.</p> <p>Email: Community@brittenpearsarts.org Tel: 01728 687127</p>

STALL NUMBER	EXHIBITORS (A-Z)
 <p>Main entrance outside</p>	<p>Care Development East - We are proud to be hosting and sponsoring today's event. We're dedicated to promoting excellence across the social care and health workforce in the East of England. We provide impartial advice, support, guidance and information to the sector operating as an independent, non-profit making organisation. We work with a range of organisations and partners to deliver a high-quality service, develop new initiatives, improve access to training, and promote rewarding careers in care.</p> <p>Email: info@caredevelopmenteast.co.uk Website: www.caredevelopmenteast.co.uk</p>
 <p>14</p>	<p>Care UK - Care UK is one of the UK's largest residential care providers, with over 40 years of experience and 165 homes nationwide, including several in Suffolk such as Mildenhall Lodge, Davers Court, and Prince George House. Our homes offer a wide range of care, from respite and nursing care to dementia and end of life support, with many also providing flexible day care. Care UK has more outstanding-rated homes and major care awards than any other large provider, and our day clubs in Suffolk offer older people a chance to socialise, enjoy activities, and give family carers valuable respite.</p> <p>Tel: 07583128357 Email: angela.hodge@careuk.com Website: www.careuk.com</p>
 <p>1</p>	<p>Christies Care - See page 12 for more information.</p>
 <p>8</p>	<p>Community Catalysts - A social enterprise working across Suffolk (& the UK) to try to make sure that people who need care and support to live their lives - can get help in ways, times and places that suit them, with a real choice of attractive local options. We help local people use their energies and talents to deliver sustainable community micro-enterprises that can support other local people, creating jobs and volunteering opportunities across Suffolk.</p> <p>Email: SuffolkMicros@communitycatalysts.co.uk Website: https://www.communitycatalysts.co.uk/project/suffolk/</p>
 <p>Zone A - Stall D</p>	<p>Daisy Days - See page 15 for more information.</p>
 <p>Zone A - Stall G</p>	<p>The Debenham Project - The aim of the project is to support carers and those living with dementia, in Debenham and surrounding villages. This support is provided through a range of activities including Carers' Club, Info Cafe, Peer Support, Post diagnosis support, dance, singing, fit club together with expert advice and information.</p> <p>Email: woodbridgedementia@gmail.com Tel: 07874996726</p>

STALL NUMBER	EXHIBITORS (A-Z)
 <p>26</p>	<p>Dementia intensive support team (DISTe) DIST service is to prevent avoidable/inappropriate admissions to acute hospitals and to support with discharges. The team supports people with dementia or suspected dementia who are at risk of admissions caused by Biological and Psychological Symptoms of Dementia such depression, anxiety or challenging behaviour.</p> <p>2. CMAS - community memory assessment service - Providing diagnostic assessments for those with a suspected cognitive impairment/dementia.</p> <p>Weekday service 9am-5pm. Tel: 01473 891733. We can also be contacted should you need to re-refer at any time for acute (general) hospital admission avoidance.</p>
 <p>27</p>	<p>Dental Healthcare NHS - Special Care Dental Services for people who may find it difficult to access a general dental practice, including people living with dementia. We can offer practical oral health advice for people living with dementia. Support carers, families and professionals with tips for daily mouthcare. Discuss how dementia can affect oral health and routines. Share easy-to-use resources that can help with brushing and comfort. Signpost to our Special Care Dental Service and explain how to access support or referrals.</p> <p>https://eastofenglandcommunityhealthandcare.nhs.uk/ https://www.dentalhealthcareeoe.nhs.uk/</p>
 <p>Zone A - Stall A</p>	<p>Digital Care (Cassius) and Reverie, Adult Social Care - See first hand a range of digital and assistive technology, including sensors, alarms, and reminders, that can support you to live safely and independently at home for longer from our care technology service, Cassius. Cassius offers the very latest in care technology services, helping to improve wellbeing, independence and enabling people to be connected. It blends in with mainstream technology and complements face to face care. We will also be exhibiting Reverie, our ground-breaking Virtual Reality (VR) solution designed to enhance the lives of people with dementia.</p> <p>Website: Technology to help you live independently - Suffolk County Council Assessment referral: Suffolk Adult Care Portal - Suffolk County Council or call Customer First on 0800 917 1109</p>
 <p>21</p>	<p>Disability Advice service (DAS East Suffolk) - Disability Advice Service, East Suffolk is a local charity that helps disabled people of all ages to apply for disability benefits and advise on all disability issues.</p> <p>Tel: 01394 387070 Website: www.daseastsuffolk.org</p>
 <p>15</p>	<p>Ellisons - Established for over 250 years, we are a top 200 UK law firm and one of the region's oldest, most established and fastest growing firms. Our partner-led, multidisciplinary team offer a truly committed and lasting partnership with our clients.</p> <p>Website: www.ellisons.com Email: enquiries@ellisons.com</p>
 <p>Zone A - Stall F</p>	<p>"Fore" Get Me Not Golf - Free Golf sessions for people living with Dementia. Empowering People with Dementia through the Game of Golf. We are a charity dedicated to supporting those living with dementia so they can continue enjoying the sport they love. Through our dementia friendly golf sessions at Seckford Golf Club, located in the heart of Suffolk, we provide a welcoming and accessible environment for all.</p> <p>Email: enquiries@foregetmenotgolf.co.uk Wendy Chard: 07458908061 Tony Pennock: 07788727788</p>

STALL NUMBER	EXHIBITORS (A-Z)
 Zone A - Stall H	<p>Headway Suffolk and Norfolk - We provide rehabilitation hubs, home care and community support for people with brain injuries, neurological conditions, mental health issues and neurodiversity.</p> <p>Tel: 01473 712225 Website: www.headwaysuffolk.org.uk</p>
 Zone A - Stall B	<p>Healthcare Homes - We provide Dementia Care, Residential Care, Nursing Care, Respite Care and Day Care. We understand that choosing to move to a care home can be a difficult decision, but we're committed to making each of our residential and nursing homes a real home from home for every one of our residents. From room personalisation to meal choices and activities, we'll do everything we can to help you settle in and enjoy life to its fullest potential.</p> <p>Website: https://www.healthcarehomes.co.uk/ Email enquiries@healthcarehomes.co.uk Tel: 01206 646646</p>
 16	<p>Home Instead - Home Instead provide support to people in Ipswich, Woodbridge, Felixstowe, Hadleigh and Manningtree and the surrounding areas to live independently at home for as long as possible whether it's a friendly face for companionship, help around the home, personal care or more specialist support with Dementia, Parkinson's or end-of-life care, our team is here to help.</p> <p>Tel: 01473 272301 Website: www.homeinstead.co.uk</p>
 Zone A - Stall E	<p>Ipswich Dementia Action Alliance - Works to bring about changes so that people live well with dementia in Ipswich and surrounding areas. Through partnership working, awareness-raising, memory cafés and community activities, the Alliance helps create a more dementia-friendly community for people living with dementia, their families and carers.</p> <p>Email: ipswichdementia@gmail.com</p>
 IPSWICH TOWN FOUNDATION Zone A - Stall I	<p>ITFC Foundation - 'Golden Days Cafés' are our friendly dementia cafés, running three times each month. Two cafés are held at Portman Road on the first Monday and first Thursday of the month, with an additional café in Bury on the third Wednesday. Golden Days Cafés offer a warm, welcoming environment where people living with dementia, their carers, and those who have lost a loved one to dementia can relax, connect, and enjoy meaningful time together.</p> <p>Email: community@itfcfoundation.co.uk Tel: 01473 400980</p>
 6	<p>Grandbar Snacks - Nutritious, delicious and easy to eat gluten free mini cakes. I created Grandbars to support my father who lost his appetite in later life. We are the official snack for Fore Get Me Not Golf, which provides free golfing sessions for people with dementia.</p> <p>Email: hello@grandbarsnacks.com</p>
 9	<p>Knowing Works - (Formally Healthwatch Suffolk) - We act as an independent champion for local NHS and social care services, gathering public feedback to improve care standards. We influence decision-makers by highlighting patient experiences and offer a signposting service to help residents navigate health and social care options.</p> <p>Tel: 01449 703949 Email: info@healthwatchesuffolk.co.uk Website: www.healthwatchesuffolk.co.uk</p>

STALL NUMBER	EXHIBITORS (A-Z)
 2	<p>Leading Lives - See page 11 for more information.</p>
 3	<p>Mindful Care Training & Consultancy - See page 13 for more information.</p>
 19	<p>Medequip Connect - A leading provider of innovative Technology Enabled Care (TEC) solutions, servicing over 50,000 people nationwide. Helping people maintain their independence by providing TEC and equipment giving people the confidence that assistance is available 24/7, 365 days a year.</p> <p>Tel: 01473 351805 Email: suffolk@medequip-uk.com. Website: https://www.medequip-uk.com</p>
 25	<p>My Care Choices - My Care Choices Register, a new online advanced care planning tool.</p> <p>Email: info@mycarechoices.online</p>
 10	<p>Pear Tree Fund - We provide support for anyone living with a life-changing illness and for the bereaved. We provide a wide range of services to people living in east Suffolk and neighbouring parts of mid Suffolk and south Norfolk.</p> <p>From our tranquil and welcoming base at the purpose-built Pear Tree Centre in the heart of Halesworth, we offer everything from a cup of tea and listening ear to sessions with our qualified counsellors.</p> <p>Tel: 01986 899655 Email: info@peartreefund.org</p>
 28 	<p>Suffolk Police, (Herbert Protocol) & Safe and Found Online - Suffolk Constabulary polices the largely rural and coastal county of Suffolk, delivering core services such as emergency response, crime prevention, missing-person investigations, neighbourhood policing, and community safety work. The force also works closely with carers, partners, and community organisations to protect vulnerable people—especially those at risk of going missing—through initiatives like the Herbert Protocol, which helps ensure vital information is available quickly in the event someone disappears.</p> <p>Search 'Herbert Protocol' on: www.suffolksp.org.uk https://www.suffolk.police.uk/</p> <p>Safe and Found Online - The Digital Information Bank committed to Safeguarding Vulnerable People. As part of their Missing Persons strategies, UK Police Forces are encouraging carers of vulnerable people who are a risk of going missing to compile useful information about them. This data is recorded on a form provided by the Police and can save vital time in putting together a search and rescue plan in a missing persons event.</p> <p>Email: john.henderson@safeandfoundonline.co.uk Email: chris.cheshire@safeandfoundonline.co.uk</p>

STALL NUMBER	EXHIBITORS (A-Z)
 <p>11</p>	<p>Sensing Change - Sensing Change is the sensory team within Adult Care Services, Suffolk County Council. We provide social work, vision rehabilitation and support to adults in Suffolk with sight and/or hearing loss.</p> <p>Email: info@sensingchange.org.uk Tel: 01473 260030 Text: 07739 249056 Website: www.sensingchange.org.uk</p>
 <p>4</p>	<p>Shaftesbury Suffolk Memory and Dementia support (Ipswich, East and West Suffolk) - provides practical information and support for people who have memory concerns or a diagnosis of dementia and their carers. The service has a single point of contact via a local helpline, where people will only have to tell their story once. The service has trained advisers who will listen, answer questions and provide information tailored to their individual needs, this will be either on the telephone or at a home visit. The advisor will provide information on local services, make referrals and help people access these.</p> <p>Helpline: 0808 281 5804. Email: suffolkmemorysupport@shaftesburygroup.org Website: https://www.shaftesburymemoryanddementiasupport.org/support-available/</p>
 <p>Live interactive Demo at 1:30pm - 2pm in Zone A</p>	<p>Singing for the Brain - Delivered by Ipswich Dementia Action Alliance since 2021, sessions run fortnightly in two care homes and monthly at two dementia cafés in Ipswich. Led by Jill Barton, the sessions offer joyful, memory-focused experiences for people living with dementia and their carers, supported by volunteer singers from Noteriety Choir. Musician Maria King provides live keyboard and vocals, bringing extensive experience in care settings and a wide-ranging repertoire to engage all musical tastes.</p> <p>Email: jillbarton1949@gmail.com Tel: 0790 9542 399 / 01473 434327</p>
 <p>17</p>	<p>Snapshot Box by Chronicle - Our Snapshot Memory Boxes are photo frames with audio playback that support people by using voice recordings of loved ones to reduce isolation, enhance well-being and improve the delivery of care.</p> <p>Website: www.snapshot-box.life/</p>
 <p>18</p>	<p>1 Oak Home Care - A later-life planning service designed to help people prepare for the future, maintain their independence, and make informed decisions about ageing well. Through a personalised assessment and detailed report, the service supports individuals and their families to consider areas such as future care needs, benefits and funding, home adaptations, legal planning, assistive technology, and end-of-life wishes. Rather than waiting for a crisis to occur, Home 4 Life helps people plan ahead, ensuring their preferences are documented, support networks are identified, and practical steps are put in place to help them remain safe, independent, and living in the place they call home for as long as possible.</p> <p>Tel: 01787 326555 Email: info@1oakcare.com</p>

STALL NUMBER	EXHIBITORS (A-Z)
 <p>22</p>	<p>St Elizabeth Care - St Elizabeth Care Agency is a wholly owned subsidiary of the much-loved St Elizabeth Hospice, which has been delivering high quality care to patients and their families in the local area for over 35 years. To receive our care, you do not need to have previously used St Elizabeth Hospice's services. All profits we make are donated to the hospice, to further its work to improve life for people living with a progressive or life-limiting illness.</p> <p>Tel: 01473 707900 Email: homecare@stelizcare.co.uk Website: www.stelizabethcareagency.co.uk</p>
 <p>22</p>	<p>St Elizabeth Hospice - Improves life for people living with progressive and life-limiting illnesses. Our work is centred around individual needs, we provide specialist support wherever it is needed, in a person's home, in the community or in one of our specialist palliative care beds. We support patients alongside their families and carers in Ipswich, East Suffolk, Great Yarmouth and Waveney. Our Hospice Education team works across Suffolk and North East Essex to deliver a range of training and development opportunities to health and social care professionals. There are a range of courses, palliative care masterclasses and study days available both in person and online.</p> <p>Email: enquiries@stelizabethhospice.org.uk Tel: 01473 727776</p>
 <p>12</p>	<p>Suffolk Advocacy Service - Delivered by a partnership which includes POHWER, Suffolk Family Carers, ACE Anglia and Suffolk User Forum.</p> <p>The Suffolk Advocacy Service delivers the following services:</p> <ul style="list-style-type: none"> • Independent Mental Capacity Advocacy (IMCA) (For those aged 16 and above), including Deprivation of Liberty Safeguards (DoLS) and Relevant Person's Paid Representative (RPPR) • Independent Mental Health Advocacy (IMHA) • Independent Care Act Advocacy (ICAA) • NHS Complaints Advocacy • Community Advocacy including Community Mental Health Advocacy, Carers Advocacy Support, Group Advocacy, Learning Disabilities Advocacy and Child Protection Advocacy • Peer-Led Mental Health Inpatient Advocacy Drop-Ins <p>For Suffolk Advocacy Service referrals and enquiries Website: www.pohwer.net Tel: 0300 456 2370 Email: pohwer@pohwer.net</p>
 <p>23</p>	<p>Suffolk Care Association - Providing support, information, and training to care providers across Suffolk.</p> <p>Tel: 01449 720709 Website: www.scaservices.org.uk</p>
 <p>13</p>	<p>Suffolk Family Carers - Supporting unpaid carers across suffolk for over 35 years. We can provide information, advice, guidance and emotional support, as well as signposting or onward referral to other organisations or to our own services. Support can include 1:1 conversations, help with writing emergency plans and workshops/courses.</p> <p>Tel: 01473 835477 Website: www.suffolkfamilycarers.org hello@suffolkfamilycarers.org</p>

STALL NUMBER	EXHIBITORS (A-Z)
 <p style="text-align: center; font-size: 24pt; font-weight: bold;">24</p>	<p>The Royal British Legion Admiral Nurse service - The Royal British Legion Admiral Nurse service offers specialist support and advice to families caring for people living with dementia. The service aims to help family carers gain the skills needed to assist with their loved one's care and promotes a positive approach to living well with dementia. As registered nurses specialising in dementia, Admiral Nurses help carers improve their quality of life, which in turn improves the life of the person they're caring for, and the wider family too.</p> <p>Tel: 0808 802 8080 Our lines are open 8am – 8pm, Monday to Sunday Email: ANSupport@britishlegion.org.uk</p>
 <p>Located outside in the front car park</p> 	<p>Training2Care Virtual Dementia Tour Bus & Dementia Dictionary - Step into the world of someone living with dementia and experience it like never before. At Training 2 Care, our Virtual Dementia Tour puts you in the shoes of a person living with dementia, revealing the sights, sounds, and challenges they might face every day. It is a truly eye-opening, empathy-building experience that participants never forget.</p> <p>Website: https://www.training2care.com/ Tel: 01376 573999 Email: info@training2care.co.uk</p>
 <p>Located outside in the front car park</p>	<p>The Rural Coffee Caravan - The Rural Coffee Caravan (affectionately know as 'the Coffee Caravan') exists to help rurally isolated people in Suffolk access services and information to improve their lives, health and wellbeing, and to bring people together, empowering and strengthening rural communities. We work to alleviate loneliness and social isolation by providing occasions that engender conversations, leading to people feeling more a part of their community. Our service is free and accessible to everyone.</p> <p>Tel: 01284 663 472 Website: www.ruralcoffeecaravan.org.uk</p>
 <p style="text-align: center; font-size: 24pt; font-weight: bold;">29</p>	<p>Wellbeing Suffolk NHS Talking Therapies - Wellbeing Suffolk provide a range of support for people with common mental health and emotional issues, such as low mood, depression or stress. We work with you to help you make the necessary changes to improve your wellbeing and quality of life. Our services are free and are available for people aged 16 or over.</p> <p>Website: www.wellbeingnands.co.uk/suffolk/</p>
 <p style="text-align: center; font-size: 24pt; font-weight: bold;">30</p>	<p>West Suffolk NHS Foundation Trust - Speech and Language Therapy - We offer assessment, management and therapy services to adults with a range of acquired and progressive conditions affecting communication and swallowing. This includes different types of dementia, including a rare, language-led dementia called Primary Progressive Aphasia.</p> <p>West Suffolk email: communitywestslt@wsh.nhs.uk Tel: 01284 748847. Website: https://www.wsh.nhs.uk/services/speech-and-language-therapy</p>
 <p>Zone A - Stall C</p>	<p>Woodbridge Dementia Project - Founded in 2018 by project working in partnership with a coalition of organisations and individuals in and around Woodbridge, to support those living with dementia. We offer sessions to understand more about dementia and promote activities to enable people to continue to be active in their local community.</p> <p>Email: woodbridgedementia@gmail.com Tel: 07874996726</p>



A BIG THANK YOU TO ALL OUR SPONSORS,



**EXHIBITORS, SPEAKERS,
ACTIVITY CO-ORDINATORS,
VOLUNTEERS, PLANNING TEAM
AND VENUE.**

**THIS EVENT WOULD NOT BE POSSIBLE
WITHOUT YOU.**



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Get in touch

📍 Crane Court, 302 London Road, Ipswich, Suffolk, England, IP2 0AJ

✉ info@caredevelopmenteast.co.uk

🖱 caredevelopmenteast.co.uk

