Health and Social Care Courses – E-learning and Classroom

Dita Consulting is a provider of accredited e-learning (CPD), Regulated Qualification online, BLEN and Classroom in Health & Social Care, NEBOSH, IOSH, IEMA, CIEH, IOA, Construction Skills and QQI, as well as a range of short courses designed to meet specific training needs.

Training Courses we can provide:

Health and Safety

Moving & Handling

Safeguarding of Vulnerable Adult

Child Protection

Food Hygiene

Infection Control

First Aid at Work

- Autism Awareness
- Challenging Behaviour
- Dementia Awareness
- Mental Health Awareness
- Learning Disability Awareness
- Palliative Care Awareness
- HIV Awareness Training
- Sexual Health Awareness Training
- Mental Capacity Act Training
- Equality & Diversity Awareness
- Train the Trainer
- Safeguarding of Vulnerable Adults
- Fire Safety
- Basic Life Support
- COSHH
- Communication
- Mental Capacity Act and Deprivation of Liberty
- Equality and Diversity
- RIDDOR
- Data Protection
- Giving and Receiving Feedback
- Fire Warden
- Food Hygiene and Safety Level 1 & 2
- Medication Management
- Catheterisation

- Venipuncture
- Pressure Ulcer Prevention (Community Settings)
- Nutrition Awareness
- Learning Disabilities
- Drugs and Alcohol Awareness
- Self Harm
- Dignity and Respect
- Epilepsy Awareness
- Pressure Ulcer Prevention (Acute)
- Drug Calculation
- Conflict Management
- Stroke Awareness
- Stress Awareness
- Disability Awareness
- Reablement
- Legionnaires
- Falls Prevention
- Acute and Chronic Wound Healing

Open & Short Courses

With over 100 open training courses a year, mostly run at several venues in Essex and other parts of the UK, the open training courses format is the most cost-effective way for individuals and smal groups to access our face-to-face learning.

In-House Staff Training

This option allows for greater tailoring of content and flexibility of delivery, as well as being the most cost-effective format for groups of seven or more. We design, develop, deliver, certificate and evaluate in-house training throughout England and Wales, and can also host organisations at our partners venues in the United Kingdom and overseas.

Bespoke commissions are possible and usually do not incur additional cost as we welcome all opportunities to add to our portfolio of courses.

Training can be arranged for:Nursing Homes

- Residential Homes
- Hospices
- Hospitals General Practices
- Special Schools
- Pharmacies