

Ipswich

Falls & Bone Health Study Day

Date: 9th October 2018

Time: 9:00am to 5:00pm

Venue: University of Suffolk, Ipswich Campus, Waterfront Building, 19 Neptune Quay, Ipswich, IP4 1QJ

Programme:

- 9.10 **Introduction.** Aims & Objectives, House keeping.
Karen Brixey Osteoporosis Nurse specialist (ESNEFT)
Anita Walkinshaw Falls Prevention Co-ordinator (ESNEFT)
Presentations by sponsors (2 minutes each)
- 10.00 **Osteoporosis, FLS, and Vertebral Fracture Prevention and Management**—Karen Brixey Osteoporosis Nurse Specialist, Carolyn MacNicol— Advanced Practice Radiographer, Mary Knott—Senior Physiotherapist IHT/ESNEFT
- 11.00am **Refreshment Break**
- 11:30 am **Physiotherapy and Exercise for Patients with Fractures in Acute Hospital**
Lyndsey Smith Spinal Specialist Physio,
Lauren Cullery, Physiotherapist IHT/ESNEFT
- 12:15 **Medication and Falls** - Dr Julie Brache, Consultant Geriatrician IHT/ESNEFT
- 13:00 pm **Lunch**
- 13.45 pm **The Importance of Exercise in Falls and Fracture Prevention** -
Victoria Kenny, Therapy Lead, STARR Centre, ESNEFT.
Lindsay Bennett, ActivLives Project Development Officer
14. 30 pm **Hearing Loss and Falls in Older People** Karen Finch, Managing Director and Hearing Aid Audiologist, Hearing Care Centre, Ipswich
- 15:00 **Refreshment Break**
- 15:30pm **Feet Footwear and Falls** Rachel Richardson, Podiatry and Clinical Specialist, GP Fed
- 16.15 pm **Eye Care and Falls** Dr Derek Dunston Optometrist, D J Dunstone Optometry, Hadleigh
- 16:55 pm **Evaluation and Close** Anita Walkinshaw

Thank you to our sponsors



For more information contact:
Sue Marx at 07720353825 or at
s.marx@nos.org.uk

Please be aware that photographs may be taken at this meeting and shared online and in publications. If you do not wish to be in photographs, please notify the meeting organiser.