



CARE
DEVELOPMENT
EAST

Master classes and workshops

Adult Mental Health Awareness

This masterclass is specifically aimed at those providing and delivering care and support. We know that many of you will come across service users or their family members who may be struggling with their mental health. This masterclass will help you respond effectively and will cover an overview of mental health, how you can help and signpost someone with poor mental health, promoting good mental health amongst service users and their families and looking after your own wellbeing.

About the facilitator

This training will be delivered by Helen Prior-Townsend, who is the project manager for support programmes at Suffolk Family Carers. A qualified Youth Mental Health First Aid instructor and facilitator of Who's In Charge?, Wellbeing and ASD programmes.



About the trainer

The trainer is Liz Taylor, Independent Social Care Consultant and Chair of Care Development East. Liz is an experienced senior manager who has worked in and with both the public and independent sector having worked at both operational and strategic level in both social care and housing. Liz currently works with organisations to assist them with pre inspection audits; mentoring of senior staff; quality assurance development, reviews of services, safeguarding reviews; business plan development; business continuity plan development; policy and procedure reviews. Liz has a wealth of experience in preparing for and responding to CQC inspections.

The day is split into two:

AM: Preparing for your CQC inspection and effectively managing the process.

PM: Reflecting on and responding to your CQC inspection report.

Lunch will be provided.



Please turn over for booking and venue details.

Promoting excellence in care and health

www.caredevelopmenteast.co.uk Tel: 01449 720400

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Who should attend this event?

Anyone working in the care sector with responsibility for these areas

Please tick boxes of courses you wish to attend

Venues & Dates

A workshop on preparing for your Care Quality Commission inspection, managing the process and reflecting on your report



CQC

Ipswich

21 May 2019 10:00am - 4:00pm

Ip City Centre, 1 Bath Street, Ipswich, Suffolk IP2 8SD

This masterclass is specifically aimed at those providing and delivering care and support.



Adult Mental Health Awareness

Claydon

25 June 2019 10:00am-2:30pm

Suffolk Family Carers, Unit 9, Hill View Business Park, Old Ipswich Road, Claydon, Ipswich IP6 0AJ

Please note that it is not possible to turn up on the day without a confirmed place

How to book

Please return this registration form to:

Unit 9, Norfolk House, Williamsport Way,
Lion Barn Industrial Estate, Needham Market, Suffolk IP6 8RW

Or email completed form to: conferences@caredevelopmenteast.co.uk

Once your booking has been accepted an invoice will be issued with payment details.

Confirmation of booking

All bookings will be confirmed in writing.

Please note that payments are non refundable or transferable.

Cost

£25 per person per workshop.

Lunch and refreshments provided



Mr Mrs Miss Ms First name..... Surname.....

Job Title.....

Organisation.....

Address.....

Telephone..... Email.....

Dietary information: Vegetarian Vegan Food Allergies - please state.....

In order to manage and record your booking, attendance, and award of training qualification, where applicable, we store and process your personal data and information on secure IT systems. We will associate this booking with other data we hold about you and the attendee, where applicable. We may need to share some of your information with partners in order to deliver the service that you have requested. We do not sell or share your identifiable data with third parties for marketing purposes. If you do not wish us to retain your data after completion of the event onto which you are booking please tick the box

Care Development East is an independent, non profit making organisation dedicated to raising care standards in Suffolk by providing impartial advice, guidance and information to support the county's health and social care sector.