
Hands on Feet Training Portfolio

from DUET diabetes





Diabetic Foot Screening

Using NICE guidance as a framework the workshop aims to equip the learner with the knowledge and skills to competently examine and screen the diabetic foot for potential and actual problems.

The workshop covers:

- What is a foot ulcer?
- When foot screening should be performed
- The factors contributing to someone developing a foot ulcer
- The method and steps to take when examining the diabetic foot
- Diabetic foot risk algorithms
- How to apply the correct risk classification
- The process of referral for the person with diabetes at each classification of risk
- Suitable footwear for people with diabetes
- The causes of neuropathy and peripheral arterial disease (PAD)
- The Ipswich Touch Test and the Neuropad® Screening Test



Diabetic Foot Screening: Train the Trainer

This will be available from 2021 – talk to us if you would like to learn more about this new and exciting ‘off the shelf’ training package, which has the option of your organisation making use of pre-developed training materials through a licensing agreement, once ‘lead trainers’ have attended our 2 day course.

The two day course takes the learners through a training and diabetic foot journey including all aspects covered in our ‘diabetic foot screening’ workshop along with:

- An interactive general ‘train the trainer’ session to provide generic skills which the learner can use throughout their career
- An introduction to diabetes and podiatry
- Screening of the diabetic foot – a practical guide
- The tools and confidence to deliver effective diabetic foot screening training



DUET diabetes helps people in care, health, beauty and wellness roles to upskill and increase their confidence when treating or looking after adults living with diabetes. We do this through a range of small interactive workshops led by experienced healthcare professionals.

Our face to face workshops will always allow plenty of ‘hands on’ time in the practical sessions for the learners to put the theory they have learnt into practice.

Our live and interactive webinar workshops include pre-recorded practical demonstrations and lots of time for questions and shared experiences/learnings.



CHECK ~ PROTECT ~ REFER



Ankle Brachial Pressure Index (ABPI) Assessment

Relevant for any healthcare professional who may be required to assess the vascular status of an individual.

This workshop is designed to build on the learner’s knowledge and understanding of diabetes and wound management; giving them ability to further assess the vascular status of an individual to establish or exclude the presence of peripheral arterial disease (PAD).

The workshop covers:

- The rationale behind undertaking an ABPI assessment
- The principles of Doppler Ultrasound
- Detecting a healthy artery and different waveforms using a doppler
- Preparing a patient for an ABPI assessment
- Carrying out an ABPI assessment in a clinical setting
- Measuring, calculating and interpreting the ABPI
- Factors that may influence the accuracy of an ABPI reading
- When not to carry out an ABPI assessment
- The rationale behind performing a Toe pressures/ Toe Brachial Pressure Index (TBPI) assessment
- Carrying out a TBPI assessment in a clinical setting
- Measuring, calculating and interpreting the TBPI



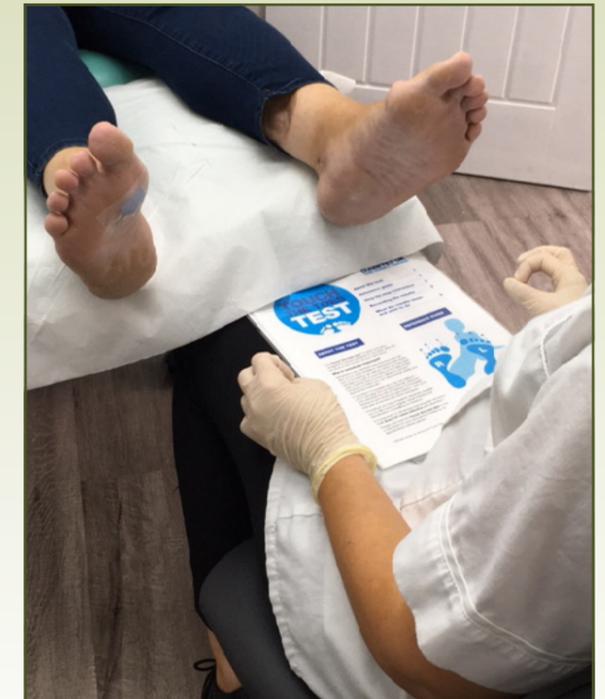
Diabetic Foot Awareness for Beauty and Wellness Therapists

We believe that anyone providing foot related treatments of a non-medical nature (i.e. those working in beauty or holistic therapy roles) treating people with diabetes, are in a fantastic position to spot current or potential problems.

With the right understanding of the diabetic foot and the importance of not ignoring any concerns (however tiny), people working in these roles can support their clients with diabetes to maintain healthy feet and seek additional advice/treatment from a healthcare professional if required.

The workshop includes:

- What diabetes is and associated signs and symptoms
- A brief overview of the short/long term effects (complications) of diabetes
- What is a foot ulcer?
- The observable risk factors leading to foot problems
- Suitable and unsuitable footwear for people with diabetes
- The causes of neuropathy and peripheral arterial disease (PAD)
- The appropriate action to take and advice to give clients



CHECK ~ PROTECT ~ REFER

Our workshops are run at various venues across East Anglia. Alternatively, we can deliver them 'in house' at your place of work, exclusively for your organisation. Due to COVID-19, currently all workshops are only offered as virtual sessions.

Workshops developed and run by DUET diabetes Ltd comply with current UK guidelines and are run by experienced healthcare professionals.



Testimonials

Attended Ankle Brachial Pressure Index (ABPI) Assessment Webinar Workshop

All aspects were useful to me, whether refreshing existing knowledge or new learning. It really helped my confidence in reassuring me that I do have the knowledge base and rationale, I just need the opportunity to practice the skills. I would thoroughly recommend to colleagues. It is a well planned and well executed course. Value for money. Thank you.

Louise Fullerton – Podiatrist, Care UK

Attended Diabetic Foot Awareness for Beauty and Wellness Therapists Webinar Workshop

This workshop was well presented and easy to understand as it was set towards non medical people. Thoroughly enjoyed it. I think this workshop is a must for anyone who treats people's feet.

Louise Evans – Holistic Therapist

Attended Diabetic Foot Screening workshop

Having completed training with the CCG, although knowledgeable and interesting, didn't cover enough details to become a trainer within my organisation. Duet Diabetes was very thorough and explained in more detail what needed to be looked at. I found all of the workshop useful, being able to assess feet and be able to improve the care given to residents.

Liz Metcalf – Carer (& 'Diabetes Champion'), Furze Hill House Care Home

Attended Diabetic Foot Screening Workshop

I found the whole workshop incredibly beneficial. I feel that I know exactly what I am looking for. The case studies put it into context/perspective. Thank you so much!

Amelia East – Head of Care, Stowcare Ltd

For more information regarding our 'Hands on Feet' workshops contact us or visit our website <https://www.duetdiabetes.co.uk/hands-on-feet-diabetes-training>

T: 01799 584178 • **E:** info@duetdiabetes.co.uk • **W:** www.duetdiabetes.co.uk



CHECK ~ PROTECT ~ REFER